

2 – 12TH OCTOBER, 2018

Camino de Santiago

World Walks for Cancer NT

Highlights

- ✿ Capture the essence and rich history of the Camino de Santiago.
- ✿ Explore vibrant Madrid and the UNESCO world heritage site of old town Santiago.
- ✿ Walk 112km from Sarria to Santiago through historical hamlets and the beautiful Galician countryside.
- ✿ Raise vital funds for Cancer Council NT.



Conquer El Camino

Pilgrims have walked the Camino de Santiago for centuries following the many paths to Santiago de Compostela. We are offering you the challenge to walk 112kms of this famous pilgrimage from Sarria to Santiago. This final section of the Camino has featured in many movies, books and documentaries as it is steeped in history and natural beauty. Walking the Camino and raising vital funds as a group, to support Territorians fighting cancer, will reveal the true sense of camaraderie that has always remained the spirit of the Camino.

Your Challenge Commitment

**Challenge
Deposit**

\$500

Non-Refundable

**Remaining
Challenge Cost**

\$2000

Excludes Airfare
and Travel
Insurance

**Fundraising
Target**

\$5000

Paid directly to
Cancer Council NT



The Itinerary

We have carefully selected hotels and country cottages for their location, character and warm hospitality. The itinerary includes transfers, accommodation and meals as indicated (B,L,D).

* Itinerary is subject to change.

2 October, 2018 Arrive Madrid

Welcome to Madrid. You will be picked up at the airport and you will enjoy a free day to explore Spain's vibrant Capital. A Team briefing will be arranged in the afternoon. Tonight is a free evening to perhaps shake off the jet lag with some Flamenco dancing and Tapas.

3 October, 2018 Madrid City Tour

Today we have a locally guided tour of Madrid to take in colourful lively plazas and bustling streets. A fantastic opportunity to immerse in Madrid's history and marvel at its magnificent architecture. Once again you will be free to explore in the afternoon and evening. Madrid is a melting pot of food from every region of Spain but its difficult to pass up a Churros de Chocolate to end the night. (B)

4 October, 2018 Transfer to Sarria

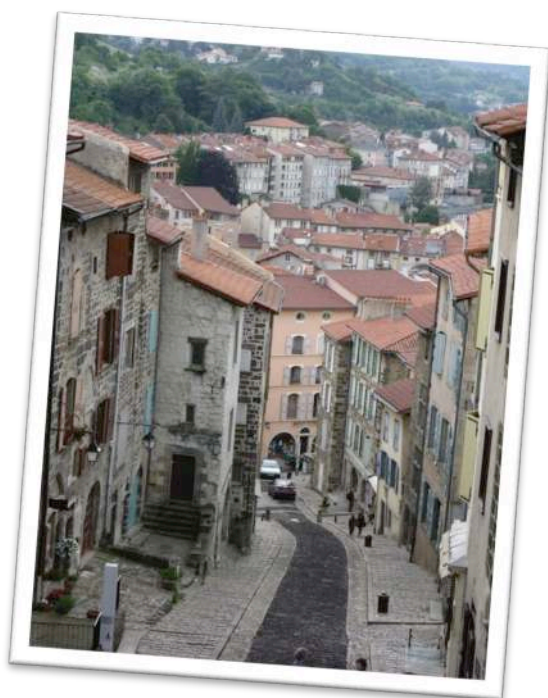
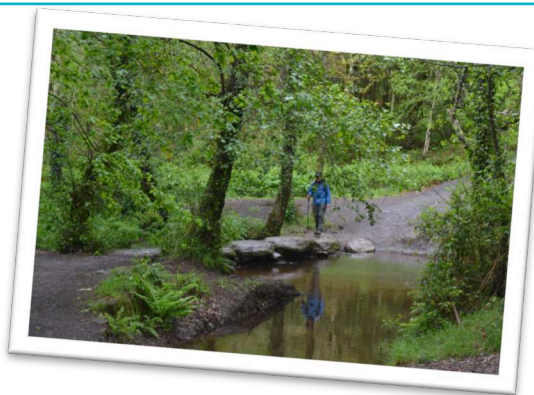
An early rise and a picturesque private vehicle transfer to Sarria. Free time to explore the many churches, chapels and the Magdalena Monastery. Relax in a local café along Rúa Maior, in preparation for your first day of trekking. (B)

5 October, 2018 23km to Portomarin

After breakfast this morning you will begin your Camino walk. Today, expect a calm walk through pretty villages and peaceful hamlets under the shade of oak trees and along quiet country roads. Along the way, you will spot many Galician traditional 'hórreos' (granaries). Visit the beautiful Romanesque church in the village of Barbadelo. (B/D)

6 October, 2018 23kms to Palas do Rei

Starting from the lovely village of Portomarin, the Camino will cross the river Mino (Galicia's longest river) and rise uphill steadily towards the Serra de Ligonde. You will pass through the beautiful hamlets of Gonzar and Ventas de Naron. Visit the Romanesque Church of Santa Maria in Castromaior and the Romanesque church in Eirexe. It is a long days walk, arriving into Palas do Rei in time to explore or rest up for an appetising group dinner. (B/D)



7 October, 2018 14kms to Melide

Today the Camino trail continues downhill, passing the village of Casanova and the delightful village of Leboeiro. We finish the day in the lively market town of Melide allowing plenty of time to try one of Galicia's famous octopus dish in one of the many 'pulperias'. (B/D)

8 October, 2018 14kms to Arzua

The Camino crosses several streams and follows a forest track bringing you to the village of Boente and the church of Santiago. Next is the pretty medieval hamlet of Ribadiso, followed by a gradual decent to the town of Arzua, famous for its local cheese. Plenty of free time to visit the churches of Santa Maria and A Magdalena. (B/D)



9 October, 2018 23kms to Amenal

Today's Camino will take you through pretty woods, sleepy villages and across streams for most of the day. The chapel of Santa Irene, with its unique statue of Santiago is worth a visit. En-route, don't miss the lovely hamlet of Rua. Today's walk to Amenal is along a mix of picturesque country roads and forest tracks. (B/D)

10 October, 2018 16kms to Santiago de Compostela

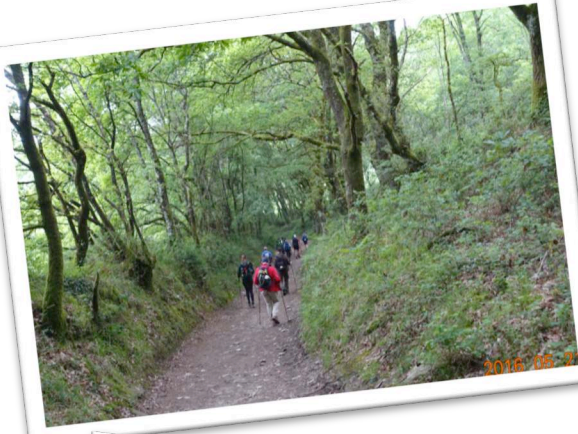
Walking out of Amenal, your next point of interest is Lavacolla in the outskirts of Santiago, where pilgrims used to wash themselves in the river in preparation for their arrival in Santiago de Compostela. Rows of tall eucalyptus trees line your journey to Monte do Gozo and it is from here that you will catch your first glimpse of the Santiago cathedral spires. A final stamp in your pilgrim's passport will welcome your arrival into the spiritual and cultural city of Santiago de Compostela with a population of 80,000. With only 16kms to walk in total today, you may have the opportunity to partake in the pilgrim mass. This evening is free time to soak up the ambience of this spectacular city. (B)

11 October, 2018 Santiago de Compostela city Tour

After breakfast we have included a 2 hour guided tour of Santiago de Compostela which will be the perfect introduction to this wonderful cultural mecca and give you plenty of free time in the afternoon to explore the narrow streets and charming historical buildings including the UNESCO World Heritage listed old town. We will come together in the evening to celebrate our achievement. (B)

12 October, 2018 Sarria to Portomarin

Following breakfast we will bid farewell to new friends and fellow pilgrims and transfer back to the airport for your forward flights. (B)





Who will benefit?

Cancer Council NT has been operating in the Territory for more than 20 years. Our services today work alongside community and the local health services assisting Territorians understand cancer and their health, address the issues that a cancer diagnosis causes and advocate for services and facilities to help people and their families during cancer treatment, survivorship and loss.

We deliver preventative health education, which promote various healthy lifestyle choices within the community and work closely with the Ian Walker Cancer Care Centre, and all Territory hospitals, GP's and community organisations.

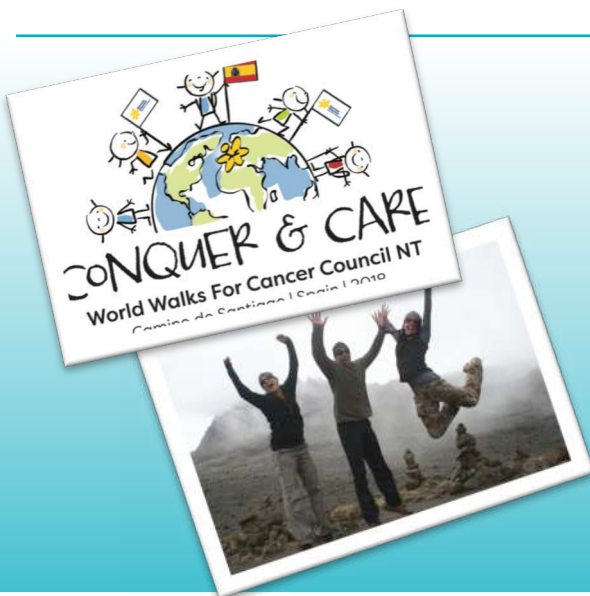
We reach thousands of Territorians each year through health promotion, activities in the

workplaces, schools, forums and community events. We also meet regularly with NT Government to advocate for tighter health regulations and more treatment and financial access for people undergoing cancer treatment.

We not only provide direct support to people being treated for cancer but also provide support for friends and families impacted by cancer.

In terms of support, Cancer Council NT provides direct support to people during their treatment, facilitates cancer counseling and information on an individual basis and provides cancer resources and aids that assist people throughout their cancer journey.

All these services are provided in the Territory, on behalf of Territorians in over 20 locations and all free of charge, relying on 80% of the



Who is Conquer & Care?

We are a professional fundraising and event planning agency specialising in World Charity Challenges.

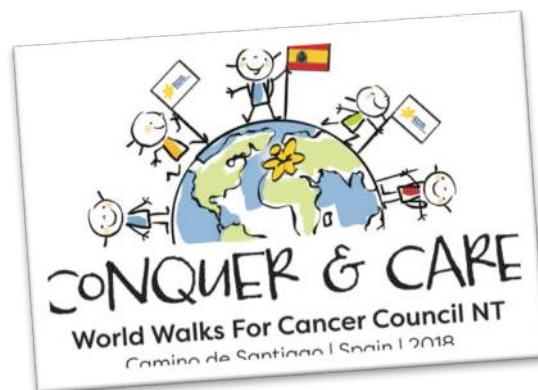
*Clancy established Conquer and Care in 2008 to give people a double dose of fulfillment. Whilst **conquering** some of the world's most iconic treks, **caring** for a selected charity by committing to raise some vital funds for their cause.*

When Clancy met with Nadine Jones to discuss partnering up with Cancer Council NT, they were very excited with what they could achieve together. And so....."World Walks for Cancer NT" was born.

The 7's and C's

What's Included?

- ✚ 10 nights accommodation in 3 star hotels and guesthouses on a twin share basis as specified on the itinerary (single occupancy available at additional cost).
- ✚ Meals as specified on the itinerary. Special dietary requirements are catered for.
- ✚ Pre and post Camino city tours in Madrid and Santiago de Compostela.
- ✚ Airport transfers on selected flights.
- ✚ Luggage transfers whilst on the Camino means your luggage will be moved each day so you can walk light.
- ✚ Local experienced walking guide and Conquer and Care representatives will chaperone the group.
- ✚ Holiday pack including detailed walking notes, map, a pilgrim's passport.
- ✚ Conquer and Care representative available to assist with training, fundraising and travel advice.



What's NOT Included?

- ✚ International flights are not included but our travel partners can assist. Our travel partners will provide a group departure rate and suggested itinerary.
- ✚ Travel Insurance is compulsory and will cover you for medical, injuries and any unforeseen circumstances such as theft ~~and~~ travel delays and cancellations.
- ✚ Drinks and meals that are not specified. Lunch can be purchased at one of the many cafes on the Camino route for approximately 6 – 8 Euro.

Your Commitment

- ✚ This is a Cancer Council NT fundraising initiative. By accepting this Challenge, you are also committing to raising a minimum of \$5,000 (tax deductible) to be submitted to CCNT by no later than 30 days prior to the date of departure. Failure to reach this target could result in the withdrawal of your entry.

FAQ

- ✚ What is the minimum age? 18 years of age.
- ✚ How difficult is the trek? The grade of this trek is considered moderate. Some level of fitness is required but no extensive trekking experience is required. Your Conquer and Care representative can assist you with some training tips and tricks to get you in the best shape for your adventure.
- ✚ How many people will participate? We are aiming for a group of 20 people on this Challenge to raise a combined total of \$100,000 for Cancer Council NT. We will arrange social events and information sessions in the lead up which will give everyone the opportunity to swap fundraising and training ideas and ensure we are all taking on this Challenge together as a team.

Booking Conditions

- ✚ \$500 Deposit is due by 29 September and is non refundable and non transferable.
- ✚ First installment of trip costs must be made to Conquer and Care Pty Ltd by 1 December, 2017 and full payment received by 1 April, 2018. The credit/debit card information supplied to pay the deposit will be used to proceed with the full payment, unless advised otherwise. If it is not paid by that date Conquer and Care Pty Ltd shall have the option to cancel the holiday.
- ✚ The following cancellation charges are payable by the Consumer.
 - 61 – 90 days before starting date of the holiday – 30% of holiday cost.
 - 31 - 60 days before starting date of the holiday – 50% of holiday cost.
 - Less than 30 days before starting date of the holiday – 100% of the holiday cost.
- ✚ All cancellation charges apply to each person covered by any booking. In the event that one person who is due to share a room needs to cancel a trip, then the other person will then be charged a single room supplement.
- ✚ Prices are quoted at the current exchange rate at the time of publication. Prices are subject to change based on currency fluctuation. If the result is an increase of more than 10% the customer will be entitled to cancel the holiday and a full refund will be granted.
- ✚ Travel Insurance is compulsory and must provide adequate cover for cancellations, luggage damage or theft, personal and third party injuries and repatriation, medical expenses, hospitalization and unforeseen emergency evacuations. Pre-existing medical conditions must be made aware to your Conquer and Care Pty Ltd representative at the time of booking.
- ✚ Conquer and Care Pty Ltd and Cancer Council NT do not accept any liability of whatever nature, whether in contract, tort or otherwise, for the acts, omissions or default, whether negligent or otherwise, of third party providers over whom we have no direct control. Under circumstances where liability cannot be excluded, such liability is limited to the value of the purchased travel arrangements. We do not accept any liability in contract, tort or otherwise for any injury, damage, loss (including consequential loss), delay, additional expense or inconvenience caused directly or indirectly by force nature or any other event which is beyond our control and which is not preventable by reasonable diligence on our part. You agree that should you be affected by any sickness, serious injury or other unforeseen circumstances that Conquer and Care Pty Ltd and/or any of our overseas partner operators, can arrange any urgent medical treatment or emergency evacuation as deemed necessary for your safety and that all such costs will be borne by you and/or your travel insurer.
- ✚ Conquer and Care reserves the right to change any part or the whole of the arrangements contained within the tour plan, should conditions or circumstances beyond our reasonable control determine such action necessary.

I acknowledge that I am 18 years or older and have read and understand these Terms and Conditions:

Full Name _____ Signature _____ Date _____

Dates that Matter

Registration Fee \$500 due by	29 September, 2017
Meet the team. Fundraising and training advice	20 October, 2017
Travel Installment \$1,250	1 December, 2017
Fundraising Deposit \$1,000	
Christmas Drinks	15 December, 2017
Count Down Catch ups	Dates TBC
Travel Cost Balance \$1,250	1 April, 2018
Fundraising Balance \$4,000	1 August, 2018
Challenge Departure	2 October, 2018



Register now

Nadine Jones, Fundraising Manager, Cancer Council NT: *"Sadly, cancer touches so many of us. By offering a hand to help those that need us most, we can all walk a longer path together and that what World Walks for Cancer NT is all about".*



Complete and return the booking form
and booking conditions agreement to:

Phone: 0452 071 114

Address: Conquer & Care Pty Ltd
PO Box 373
Nightcliff NT 0810

Email: Clancy@conquerandcare.com.au

