

## Tips for Walkers

---

- Register for the **Walk online!**
  - Make it easy for potential sponsors to give
- Make it **personal!**
  - Share a story: tell why you're passionate, and
  - Make it tangible: lives saved, sponsor me for the cost of a latte etc.
- Ask people that have **sponsored you in the past!**
  - A list of former sponsors will be sent in the mail
- Use **social media** and **email!**
  - Leverage the power of technology to promote the Walk