



School Challenge

What is the Emerson Hospital 5K Run~Walk for Cancer?

The Run~Walk is an annual event that brings nearly 700 people together to raise funds in support of cancer care at Emerson Hospital. We walk to make the experience of those suffering from cancer in our communities – our friends, our family, our neighbors – a little more comfortable. In addition to the 5k, the event features food, music, swimming and games for your group to enjoy.

The 18th annual Emerson 5K Run~Walk for Cancer will be held on Saturday, June 9th at the Thoreau Club in Concord.



What is the Challenge?

Encourage your school or school group to work together to raise funds for the Emerson 5K Run~Walk for Cancer. The challenge culminates with your team's participation in the Run~Walk on June 9th.

- Each school or school group that raises \$1,000 or more receives a plaque recognizing their achievement.
- The school or school group that raises the most money also earns a celebration party for team members.

Why Join?

- Team Building/School Pride
- Bragging Rights
- Chance to Win
- Helping Others



How to Get Started?

- Get friends, parents, classmates and teachers to join
- Come up with fun ideas to raise money for Run~Walk:

- Spare change drive
- Read-a-thon
- Car Wash
- Lemonade Stand
- Bake Sale
- Break the Dress Code Day
- Jump Rope Contest
- Spread the Word
- Use our online tool to check your progress
- Walk or run with us – wear your school colors! – on June 9th.
- Sign up today! The earlier you start, the more successful you will be!
- Register your team or yourself online at **emersonhospital.org/5k**.



Need Help?

Emerson Hospital is committed to supporting your efforts by providing posters, brochures, balloons, stickers, pledge sheets – supplies that might be helpful as you plan your fundraising. We provide you with a team webpage that you can customize (individual members also have the option for their own pages) that can help you to communicate with your group, direct people to donate to your team and check your progress against other teams. We are also glad to answer any questions you may have about Run~Walk or your participation or the school challenge. Call us at (978)287-8765 or email at runwalk@emersonhosp.org.