



SCHOOL / NEIGHBORHOOD CHALLENGE

What is the Emerson Hospital Virtual 5k Run~Walk for Cancer Care?

The Run~Walk is an annual event that brings nearly 1,000 people together to raise funds in support of cancer care at Emerson Hospital.

Unfortunately, due to the COVID-19 crisis this year, we are unable to host a physical event. While this isn't ideal, we can still make a difference and make the experience of those suffering from cancer in our communities – our friends, our family, our neighbors – a little more comfortable. To learn more about this new virtual format, click [here](#).

The Virtual 5k Run~Walk for Cancer Care will be held between May 11-25, 2020. The location is of your choosing! Wherever you are most comfortable exercising – whether riding your bicycle in the neighborhood, running around in your backyard – you decide where you'd like to participate!



What is the Challenge?

Encourage your **school or a school group** (PTG, PTO, Drama, Debate or Early Act) OR your **neighborhood** to work together to raise funds for the Virtual 5k Run~Walk for Cancer Care.

- Each school/school group or neighborhood that raises \$1,000 or more receives a plaque recognizing their achievement.
- The school/school group and neighborhood that raises the most money also earns a celebration party for team members.



Why Join?

- Team Building/School Pride
- Bragging Rights
- Chance to Win
- Helping Others

How to Get Started?

- Get friends, parents, neighbors, classmates and teachers to join, while practicing appropriate social distancing.
- Come up with fun ideas to raise money for Virtual Run~Walk:
 - Spare change drive
 - Read-a-thon
 - Jump Rope Contest
- Spread the Word
- Use our online tool to check your progress
- When you participate in the Virtual Run~Walk, wear your school color
- Create a unique finish line for your neighborhood

Sign up today! The earlier you start, the more successful you will be!

Register your team or yourself online at emersonhospital.org/5k

Need Help?

Emerson Hospital is committed to supporting your efforts by providing posters, brochures, stickers, pledge sheets – supplies that might be helpful as you plan your fundraising. We provide you with a team webpage that you can customize (individual members also have the option for their own pages) that can help you to communicate with your group, direct people to donate to your team and check your progress against other teams. We are also glad to answer any questions you may have about Run~Walk or your participation with our challenges. Call us at (978)287-3084 or email at runwalk@emersonhosp.org.

THANK YOU!