



## Inspiring Kids to Get Active

### ABOUT GOODLIFE KIDS FOUNDATION

GoodLife Kids Foundation is a private foundation with a vision for every Canadian kid to have the opportunity to live a fit and healthy good life. To date, GoodLife Kids Foundation has impacted over 240,000 Canadian children through physical activity opportunities supported by the GoodLife4Kids School Program and the GoodLife Kids Grant Program.

To learn more about GoodLife Kids Foundation's programs, go to [goodlifekids.com](http://goodlifekids.com). Join the conversation on getting kids active: [facebook.com/goodlifekids](https://facebook.com/goodlifekids) and [@goodlifekids](https://twitter.com/goodlifekids).

GoodLife Fitness covers 100% of our administrative and operational expenses so that every dollar raised will make the biggest impact on the lives of Canadian kids.

### GOODLIFE KIDS FOUNDATION PROGRAMS



The **GoodLife4Kids School Program** partners with local teachers to teach fitness skills in grade 4 classes at no cost to schools. Children are exposed to positive physical activity experiences that are the foundation of building a healthy lifestyle.



Our **Grant Program** provides funding for ongoing physical activity programs for children with special needs. Grants improve community access and help to remove some of the barriers preventing children from living active lives.